

Singleness of Purpose

The group's success depends on sticking to our singleness of purpose—our shared sobriety definition and edging concept. It's important to keep that focus during our meetings, decisions, and recovery. We suggest reading only from SPAA-approved and AA literature. We avoid injecting opinions from religion, therapy, politics, institutions or outside groups, staying true to the principles of the Twelve Steps and Twelve Traditions. Guided by this singleness of purpose, we safeguard SPAA's effectiveness in restoring our relationships, our lives, and our sanity.

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